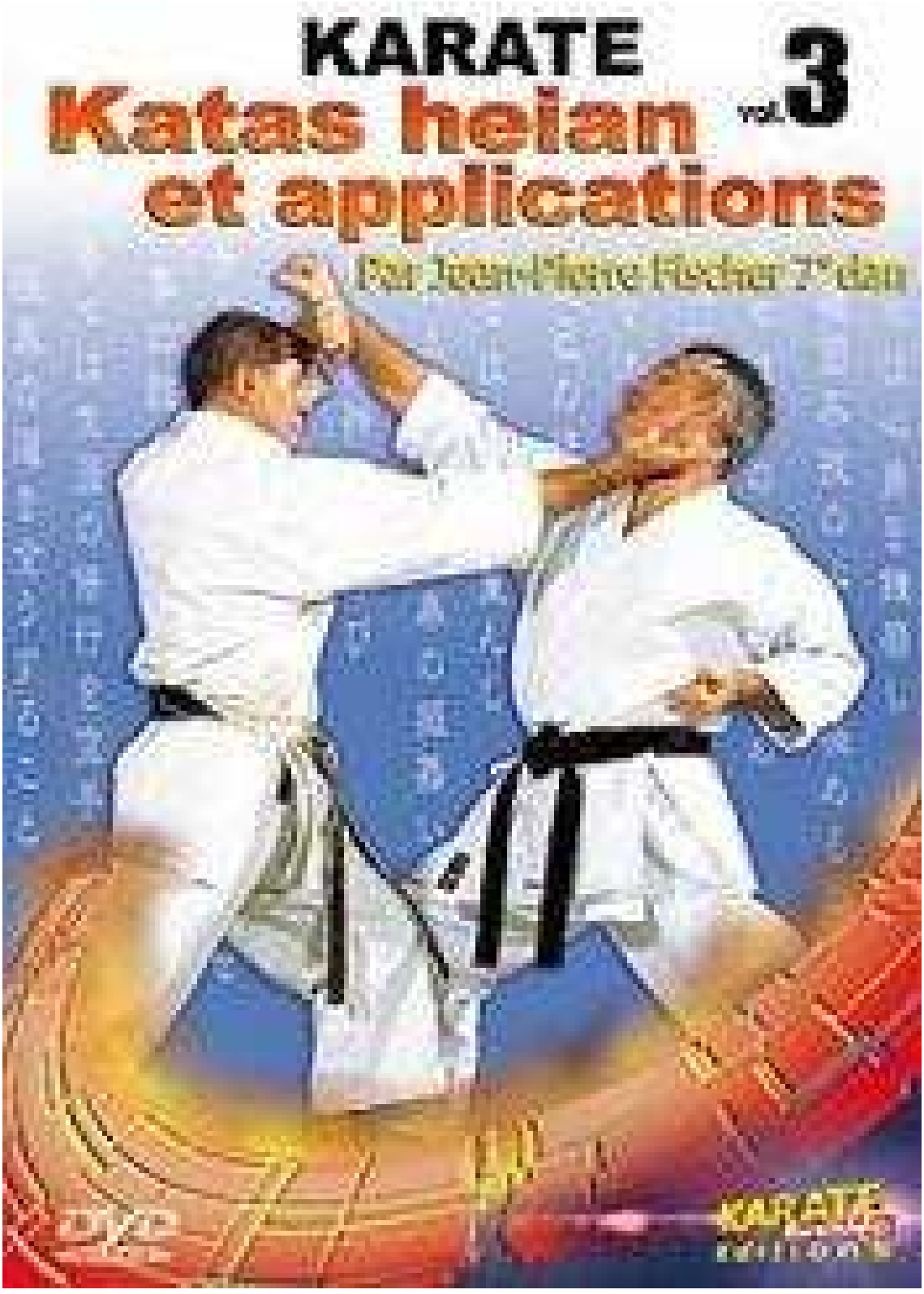
KARATE vol.3

Katas heian et applications

Par Jean-Pierre Fecher 7e dan